



# COVID-19 EXPOSURE GUIDANCE

## **PRIMARY EXPOSURE**

If you are suspected or have been confirmed as having Covid-19, the Covid-19 Delta variant or any other Covid-19 variant.

- Self-quarantine and isolate and follow the directions of your healthcare provider
- Notify your direct supervisor and Human Resources

## **SECONDARY EXPOSURE**

If you have worked with, live with, or been exposed to a person with a confirmed or suspected Covid-19, the Covid-19 Delta variant or any other Covid-19 variant.

- Get tested for Covid-19
- Notify your direct supervisor and Human Resources
- Self-quarantine until the results of your Covid-19 test are known
- If you are positive for Covid-19, follow the primary exposure guidelines
- If you are negative for Covid-19, then you may come back to work as usual

## **TERTIARY EXPOSURE**

If you have been in contact with someone who has been exposed to someone who is being tested or is suspected of Covid-19, the Covid-19 Delta variant or any other Covid-19 variant.

- You may return to work as usual
- Continue to mask and practice social distancing
- Follow the LLTC Covid-19 procedures as outlined in the LLTC COVID-19 Policies and Procedures (available on the Intranet and on the LLTC website)

## **SYMPTOMS WHILE ON CAMPUS**

- If you develop symptoms while on campus, notify your supervisor (if you are an employee) or instructor or a college staff/faculty member immediately (if you are a student). Immediately separate yourself from all other students, faculty, and staff. After informing the college go home or to a healthcare facility, depending on how severe the symptoms are.

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Confirmed means tested positive or is/are in isolation per healthcare provider guidance.

Per CDC definitions, you quarantine when you might have been exposed to the virus. You isolate when you have been infected with the virus, even if you don't have symptoms.

Exposure means having face-to-face contact (within 6 feet or less for 15 minutes or more) of someone with suspected or confirmed Covid-19 status