

The Many Methods of Learning

Reading

- Surveying your reading
- Reviewing the chapter summary, vocabulary, etc
- Creating questions based on the survey step
- Reading the chapter
- Annotating, highlighting, marking while reading
- Reciting/Rehearsing
- Reviewing your notes, annotations, etc.
- Look up definitions
- Review, Review, and Review again

Online Textbook Resources

- Reviewing chapter summaries
- Reviewing glossary/vocabulary lists
- Completing practice quizzes
- (other options depends on your book publisher)

In Class (also limit distractions)

- Listen carefully
- Review visual aides
- Take notes, focused on new information
- Add cues
- Develop and ask questions
- Remove distractions between self and instructor (i.e., sit near front)
- Have book available to quick reference

In 5-10-15 Minute Mini-Study Sessions

- Resurvey the chapter
- Summarize notes verbally
- Create written summaries of notes (Cornell Method)
- Review notes
- Predict test questions
- Discuss content with a classmate, TA, Tutor, Instructor, SI Leader, etc.
- Work on sample problems
- Review note cards

In Regular Study Sessions

- Create note cards (Reread notes/book, think about important content, write cards)
- Review examples
- Do homework problems
- Create “blank” diagrams (ex: Biology)
- Convert notes into mind-maps, matrices, or notecards

Every step is exam preparation.