

About the Office of Community & Continuing Education

The Office of Community and Continuing Education is committed to providing training to further enhance workforce skills, provide quality education leading to certificates and degrees and, offer enrichment opportunities throughout the community.

The OCCE is proud to provide the following services:

Customized Training

Continuing Education Units (CEU's)

Community Education Classes

Diabetes Education

Please contact us for all you training needs at 218-335-4279

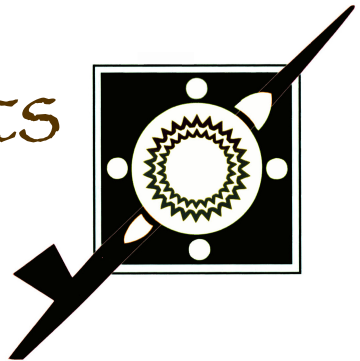
Location

6945 Little Wolf Road NW
Cass Lake, MN 56633

Mailing Address

PO Box 180
Cass Lake, MN 56633

Leech Lake Tribal College Community Education Class & Events



Fall 2009 Schedule

Beading Ruth White, Instructor 5:30-8 p.m. Room 110
 September 15 \$5 per class
 October 1
 November 12

Leather Bags Ruth White, Instructor 5:30-8:30 p.m. Room 110
 September 22 \$10

Loom Beading Ruth White, Instructor 5:30-8 p.m. Room 110
 September 29 \$5 per class
 October 6
 October 29

Bandana Basket Monie Martin, Instructor 5:30-8:30 p.m. Room 110
 October 13 & 15 \$25
 This is a two part class in which participants will weave a basket.

Quilting Shawntel Mistic, Instructor 6-8 p.m. Room TBD
 Oct 20, 27, Nov 3, 10, 17 \$30
 This is a 5 week quilting class. Participants will be creating a lap quilt.
 Space is limited.

Glass Bead Making Cindy Doke, Instructor 5-7:30 p.m. Room 110
 September 10 \$10 per class No experience necessary!
 September 24 Pre registration required - space is limited
 October 8
 October 22
 November 5
 November 19
 December 3
 December 17

All Community Education Classes are open to everyone.
 Once payment is received you will be registered for class.
 Class sizes are limited so please call to pre-register.

For more information call Amy at 218-335-4244

Birch Bark Ornaments Ruth White, Instructor 5:30-8 p.m. Room 110
 December 8 \$5

Dreamcatcher Basket Monie Martin, Instructor 5:30-8:30 p.m. Room 110
 December 10 \$15

Free Events

Men's Wellness Dinner, September 17, 5-7:30 p.m., Drum Room
 Learn about Men's health issues and cancer. Dinner with presentation from Dr. Antonio Guimaraes. This event is for adult males. Call for more information.

Great American Eat Right Challenge, Nov. 19, Noon, Drum Room
 Come enjoy a free lunch and learn what a healthy lifestyle can do for you. Presentations by Leech Lake Cancer Advocate and Certified Diabetes Educator Cindy Doke, PHN, and American Cancer Society staff. People attending and completing a short quiz will receive a free t-shirt. Space is limited. Preregistration required. Call Cindy at 218-335-4593.

Great American Smoke Out, Dec. 17, Noon, Drum Room

Is 2010 the year you plan to stop smoking? Is it the New Year's resolution you most want to keep? Come enjoy a free lunch and find out about smoking cessation resources at Leech Lake. Learn about services offered through Leech Lake's Cancer Program. Presentation by Cancer Advocate Cindy Doke, PHN, CDE and American Cancer Society staff. People attending and completing a short quiz will receive a free t-shirt. Space is limited. Preregistration required. Call Cindy at 218-335-4593.